



Circular: 1-23/02/26

Date: 23 February 2026

To: Parents and Guardians of **Grade 4–6** Learners

Subject: Important: Uniform Requirements for Physical Education (PET)

Dear Parents and Guardians,

Physical Education and Training (PET) is a vital part of our curriculum, and we want to ensure that our learners are both comfortable and appropriately dressed to participate safely and effectively.

We would like to clarify the uniform requirements for the days your child has PET on their timetable. Please take note of the following guidelines:

1. Official PET Uniform

Learners are permitted to wear their PET uniform for the **full school day** only if it complies strictly with the following:

- **Top:** The official blue or navy school golf shirt with the school logo.
- **Bottom:** Official school sport shorts (or similar plain navy/blue athletic shorts).
- **Footwear:** Appropriate tekkies (sneakers/athletic shoes).

2. This is NOT a "Sivvie" Day

We would like to stress that PET days are not "sivvie" or casual wear days. If a learner does not have the specific school-branded sport shirt or the correct school sport shorts, they **may not** wear alternative casual clothing to school for the day.

3. Alternative Arrangement

If your child does not yet have the official school sport uniform:

- They must arrive at school in their **full, standard school uniform**.
- They must bring their active wear in a gym bag to change into before their PET period.
- It remains the **sole responsibility of the learner** to ensure they have their clothes with them and to change back into their school uniform if required.

We kindly ask for your cooperation in ensuring your child is dressed correctly. Maintaining a neat and uniform appearance reflects our school's values and discipline. Learners who do not comply with these requirements may be asked to remain in their school uniform and may unfortunately miss out on certain physical activities for safety reasons.

Thank you for your continued support in keeping our school standards high.

Yours sincerely,

[Name/Signature]

[Title, e.g., HOD Intermediate Phase/Principal]

Lady Grey Arts Academy

